# Joint Meeting HWST Board & Community Champions South Tees Wellbeing Network Q&A Wednesday 26 May 2021 via Teams

## Present:

Board	Community Champions
Paul Crawshaw (Chair) Ian Holtby (Vice Chair) Kevin Franks Carole Marshall	Janet Thompson Sean Curran (on behalf of Rachel Shafto) Nichola Harrison George Dura Wendy Peacock Lucy Cushley Sarah James Caroline Nakachwa Emily Treadgold (on behalf of Annalice Argyle) Ellie Lowther Andrew Richardson Terry Doyle Coral Danby Anya Deputat
HWST Staff	External
Lisa Bosomworth (LB) Gill Durdan Linda Sergeant Chris Adamson	Richie Andrew, Health Improvement Specialist (Mental Health) Public Health South Tees Maxine Crutwell, Programme Manager, Community Transformation Tees Valley

1.	Introduction	Action
	LB gave a brief explanation of the purpose of the meeting. The last joint meeting of the HWST Board and Community Champions on 18 March 2021 explored ways of raising awareness of low-level community groups and services to support mental health and an Action Table was produced following the meeting and distributed to Board and Community Champions.	LB/LS to distribute to new CC's
	The main issue highlighted was the need for professionals and members of the public to be able to go to a platform or somewhere that will give them that information. This issue was raised with Ritchie Andrew, who is developing the South Tees Wellbeing Network, to see if the Network is a place that could action or address	

this. Ritchie was also interested to know what else the network can do or consider in order to meet the needs of the communities that you Community Champions support.

Ritchie to join the meeting after the presentation to answer any questions and address how best people can connect to the Network.

HWST also has an opportunity to influence TEWV on the development Community Mental Health Framework. Lead officer, Maxine Crutwell will also join the meeting to give a brief overview.

# 2. South Tees Wellbeing Network

A pre-recorded video of Ritchie Andrew's presentation of the South Tees Wellbeing Network was shown. A link to the presentation can be shared upon request.

#### 3. Introductions

## **5.** Q&A

Ellie Lowther - how to ensure things are up to date and also if a place on the Network for someone with the kind of offer of support that Ellie has that crosses a lot of services.

Ritchie explained open to offers on how best the current directories can better support people.

Wendy Peacock asked if there were any plans to look at how the Group can influence commissioning decisions or feed into commissioners. In her experience local organisations/charities are often overlooked for the provision of services when in fact they are in a far better position to deliver them, understanding the local demographic, need and providing social value. If the network is to be successful it needs to able to respond quickly to needs as and when it crops up.

Ritchie responded Network is a method of reaching out to frontline organisations to get involved.

Sean Curran - Deaf community need access. Booking interpreters to support with their mental health can be difficult. Sign health support has gone and need to know there is good access for Deaf people to participate in the services that are out there.

Ritchie confirmed his awareness of these issues and agreed they must be considered by services.

Gill Durdan - How do you get all this out there. There are issues

around existing platforms especially in searching and not getting the right information. Would the information around the South Tees Wellbeing Network be on its own platform or included in others?

Have you thought about the barriers to accessing like using the telephone - people taking the next step. Has the Network put anything in place, like for example a text service to support reaching out contact stage.

RA - Explained that the Network is not a directory but about building connections. Aware of some things utilising things but perhaps look at raising access to services in a network webinar.

Does the network have any power to influence decisions? RA - Not formally but people power can be influential. The Network does report to Live Well Board and issues or actions can be raised there.

## **6.** Maxine Crutwell

Gave a brief overview of Community Transformation Programme.

The upcoming engagement will be looking at:-

What keeps people well in their local communities and understanding that within our local authority areas.

How people want to access mental health services as it is recognised it is a struggle to navigate the mental health system.

TEWV are hoping to work with HW with engagement and Community Champions to let local peoples voices heard and also will be working closely with local communities and staff.